FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP
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OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* WOODRING A GREIG				<u>R</u>	2. Issuer Name and Ticker or Trading Symbol REINSURANCE GROUP OF AMERICA INC [RGA]						neck all applio	r 10% Own		ner			
(Last) (First) (Middle) 1370 TIMBERLAKE MANOR PARKWAY					3. Date of Earliest Transaction (Month/Day/Year) 02/19/2010					X Officer (give title below) President & CEO				pecify			
(Street) CHESTERFIELD MO 63017 (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)				Lin	ndividual or Joint/Group Filing (Check Applicable e) X Form filed by One Reporting Person Form filed by More than One Reporting Person							
Date			nsaction			3. Transacti Code (Ins	4. Secur	of, or Beneficial ities Acquired (A) or d Of (D) (Instr. 3, 4 and (D) (D) Price		5. Amou Securitie Beneficie Owned F Reported Transact	5. Amount of Securities For Beneficially (D)		Direct Indirect Istr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	ersion Date Execution ercise (Month/Day/Year) if any of (Month/Day ative	3A. Deemed Execution Date, if any (Month/Day/Year)	Date, Transacti Code (Ins				6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares						
Stock Option (right to purchase)	\$47.1	02/19/2010		A		46,392		(1)	02/19/2020	Common Stock	46,392	\$0	46,392	2	D		

Explanation of Responses:

1. Option grants on February 19, 2010 vest in 25% increments on each of December 31, 2011, 2012, 2013 and 2014.

William Hutton, by power of <u>attorney</u>

02/23/2010

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.