FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

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OMB APPROVAL

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Last)	L. Name and Address of Reporting Person* PORTER JONATHAN (Last) (First) (Middle) 16600 SWINGLEY RIDGE RD						Issuer Name and Ticker or Trading Symbol REINSURANCE GROUP OF AMERICA INC [RGA] Date of Earliest Transaction (Month/Day/Year) 03/22/2022								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) EVP, Global Chief Risk Officer			
(Street) CHESTE		4. If Amendment, Date of Original Filed (Month (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed						`		Li	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person							
1. Title of Security (Instr. 3) 2. Transc Date (Month/E				. Transac	action 2A. Deemed Execution Date,		3. Transac Code (Ir 8)	tion	4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)		ed (A) or str. 3, 4 ar	5. Amount of Securities Beneficially Owned Following Reported				7. Nature of Indirect Beneficial Ownership (Instr. 4)		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)		e.g., pu	uts, calls, warrants, 5. Number of of Operivative Derivative		uired, Disposed of, s, options, convertil 6. Date Exercisable and Expiration Date (Month/Day/Year)					8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				С	ode	v	(A)	(D)	Date Exercisable		piration ite	Title	Amount or Number of Shares					
Restricted Share Unit - March 2022	\$106.53	03/22/2022			A		1,242		12/31/2024		(1)	Common Stock	1,242	\$106.53	1,242		D	
Net Settled Options - 2022	\$106.53	03/22/2022			A		4,332		(2)	03	/22/2032	Common Stock	4,332	\$106.53	4,332		D	

Explanation of Responses:

- 1. Restricted share units fully vest on December 31, 2024.
- 2. Net settled options (Canada) vest in 25% increments over four years, starting on December 31 of the year of grant.

Remarks:

William L. Hutton

03/22/2022

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.