## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K
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CURRENT REPORT
Pursuant to Section 13 or 15(d)
of the Securities Exchange Act of 1934

Date of Report (Date of Earliest Event Reported): November 9, 2021

# REINSURANCE GROUP OF AMERICA, INCORPORATED

(Exact Name of Registrant as Specified in its Charter)

Missouri	1-11848	43-1627032
(State or Other Jurisdiction	(Commission	(IRS Employe
of Incorporation)	File Number)	Identification N

16600 Swingley Ridge Road, Chesterfield, Missouri 63017 (Address of Principal Executive Offices and Zip Code)

Registrant's telephone number, including area code: (636) 736-7000

Check the appropriate box below if the Form 8-K fill following provisions (see General Instruction A.2. below):	-	the filing obligation of the registrant under any of the		
☐ Written communications pursuant to Rule 42	under the Securities Act (17 CFR 230	.425)		
$\square$ Soliciting material pursuant to Rule 14a-12 u	pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)			
☐ Pre-commencement communications pursuan	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))			
☐ Pre-commencement communications pursuan	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))			
Securities registered pursuant to Section 12(b) of the Act:				
Title of each class	Trading Symbol(s)	Name of each exchange on which registered		
Common Stock, par value \$0.01	RGA	New York Stock Exchange		
6.20% Fixed-To-Floating Rate Subordinated	RZA	New York Stock Exchange		
Debentures due 2042				
5.75% Fixed-To-Floating Rate Subordinated Debentures due 2056	RZB	New York Stock Exchange		
Indicate by check mark whether the registrant is an e (17 CFR §230.405 of this chapter) or Rule 12b-2 of the Sec				
$\square$ Emerging growth company				
☐ If an emerging growth company, indicate by check with any new or revised financial accounting standar	9			

#### Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On November 9, 2021, Christine Detrick informed Reinsurance Group of America, Incorporated (the "Company") that she will not stand for re-election as a member of the Company's board of directors (the "Board") at the annual meeting of shareholders to be held May 25, 2022. Ms. Detrick currently serves as a director of three public companies and one 1940 Act mutual fund company. She has accepted an invitation to join an additional public company board and desires to reduce her board commitments. As such, Ms. Detrick's decision not to stand for re-election is not the result of any dispute or disagreement with the Company, the Company's management or the Board on any matter relating to the Company's operations, policies or practices.

#### **SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: November 12, 2021

### REINSURANCE GROUP OF AMERICA, INCORPORATED

By: /s/ Todd C. Larson

Todd C. Larson

Senior Executive Vice President and Chief Financial

Officer